



2015 - HYSAN Healthy Hike & Run 21k

Table with columns: Rankings, Participant Info, CP1 - BBQ area, Tai Lam Chung Reservoir Dam (Split: 8k), CP 2 - Yuen Tun Country Trail (Total 14k, Split: 6k), CP3 - Tai Tong Shan Rd / Macleod's trail stage 10 (total: 18k, Split: 4k), Finish - Tai Tong Tree Walk (total 21k, Split: 3k). Rows include participant details like Name, Gender, Country, Category, Status, BIB, Team/Sponsor, and race times for Rank, Speed, Time, and Split.









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